



## **DATES/TIMES/LOCATIONS**

Registration: 8:30-9:00 am

Training 9:00 am-4:00 pm

### ■ **November 6, 2017**

CESA #6

2300 State Road 44

Oshkosh, WI 54904

**Contact:** Jackie Schoening, CESA #6  
(920) 236-0515; [jschoening@cesa6.org](mailto:jschoening@cesa6.org)

### ■ **November 15, 2017**

CESA #10

725 W. Park Avenue

Chippewa Falls, WI 54729

**Contact:** Carol Zabel, CESA #10  
(715) 720-2145; [czabel@cesa10.org](mailto:czabel@cesa10.org)

### ■ **June 26, 2018**

The Excellence Center

N4W22000 Bluemound Road

Waukesha, WI 53186

**Contact:** Christine Kleiman, CESA #7  
(920) 617-5645; [ckleiman@cesa7.org](mailto:ckleiman@cesa7.org)

### **COST: \$35**

(Lunch and snacks provided)

### **Registration or billing questions:**

Mary Devine, CESA #4

[mdevine@cesa4.org](mailto:mdevine@cesa4.org)

Send payment to:

ATTN: Mary Devine

923 East Garland Street

West Salem, WI 54669

### **PLEASE include and clearly define:**

Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!



# *Advanced Trauma Strategies*

## **BUILDING EMOTIONAL RESILIENCE IN TIER 2 AND 3 STUDENTS**

Designed for teams looking to expand their base knowledge of trauma informed practices for schools, this session is a training for educators, school mental health/counseling staff, PBIS, and others working with our most challenged students. We invite staff teams working with Tier 2 or 3 students, to bring specific concerns and problems for targeted focus with the Trauma lens.

### **LEARNING OBJECTIVES:**

- Review how emotion regulation and learning are affected by traumatic stress
- Explore four specific ways to build emotional resilience in staff and students
- Examine the re-enactment cycles of specific challenges to identify triggers and points of intervention
- Build a step-by-step plan to increase emotional resilience for specific challenges

### **PRESENTER:**

Donna Rifken, PhD, is a child clinical psychologist with over 30 years' experience assessing and treating youth and their families. She is especially interested in the effects of developmental trauma on the wellness of children and adolescents. Her mindfulness training allows her to teach/coach evidence-based interventions to manage and reduce emotional distress in youth and adults.

### **REGISTER ONLINE:**

■ **Oshkosh**—<http://login.myquickreg.com/register/event/event.cfm?eventid=19540>

■ **Chippewa Falls**—<http://login.myquickreg.com/register/event/event.cfm?eventid=19553>

■ **Waukesha**—<http://login.myquickreg.com/register/event/event.cfm?eventid=19741>